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Welcome to a new world of learning opportunities

UNISON launches its Learning Lincs project to support members across the County



- Children's First Aid in Grantham
 - Dementia Awareness with the Open University in Skegness
 - Deaf Awareness in Spalding
- And much more.

The ULRs work in all sorts of jobs across schools, hospitals, police, homecare, etc. They have volunteered to become a ULR to organise courses and support colleagues because they are passionate about learning. If you are too then see inside for details of the ULR role.

In addition, ULRs have spread the word about UNISON Learning Grants and have enrolled dozens of members onto distance learning courses and helped them gain qualifications.

“The course was outstanding and delivered at just the right pace. It really was amazing”
UNISON learner - OU Autism course.

Now the ULRs are aiming to expand this work so that UNISON has a calendar of learning for every part of the county.

Over the page you will see courses arranged for the rest of 2017 but plans are being made for 2018 and you can help us decide what else to run!

UNISON's Learning Reps (ULRs) from across Lincolnshire have come together to launch an exciting project to support members with their learning needs. Their aim is to find out what members want to learn and help them to do that. That could be helping them find the right course, advertising learning grants or even organising courses themselves. To help UNISON will be spending around £10,000 in Lincolnshire on courses this year.

In the past year the ULRs have organised:

- Confidence courses in Spalding, Horncastle and Lincoln
- Managing Stress in Lincoln



Please read through this newsletter to find out about:

- Upcoming courses
- Distance Learning
- UNISON Learning Grants
- The role of the ULR

find out more →



Helping members aspire across the shire



Message from Karen Lee MP for Lincoln

Before becoming MP for Lincoln I'd spent 14 years working as a nurse here in Lincolnshire where I was born and grew up. During that time I came to realise the real value of education. We all need hope (hope that we'll be able to cope with changes happening at work, hope that things will get better and hope that our family will be OK) and it's education which is the best way for us to gain hope.

Whilst working as a nurse I became a UNISON Union Learning Rep (ULR) which is a role I absolutely loved. I organised confidence and job search courses and visited workplaces to encourage staff to give it a go. I helped set up a UNISON fund to pay for courses which led to the launch of this Learning Lincs Project.



Whilst I'm so excited to represent the people of Lincoln in Parliament I do miss the ULR role. It was a pleasure to work with other ULRs in schools, councils, police, care and other areas because we all wanted to support UNISON members to get the best opportunities. Better education means we can deliver better services to the people of Lincolnshire and our members can take control of their lives.

“Whilst working as a nurse I became a UNISON Union Learning Rep (ULR) which is a role I absolutely loved”

So, please have a read of what's in this newsletter and have a think about what learning you would like to do. Contact your ULR for more info and, if you have a passion for learning like me, why not become a ULR yourself? Who knows where it will lead!

Upcoming Courses for 2017

Course Title: Mindfulness - Spalding

Date: 6 October. Half-day course.

Provider: Yve White-Smith

Details: A short course which looks at dealing with life's pressures in a calm manner and reduce stress

Course Title: Ladies in the Driving Seat - Lincoln

Date: 11 October. 6.30 - 8.30pm

Provider: Kwik-Fit

Details: Car maintenance course for women covering under bonnet checks, checking tyre treads and how to change a wheel.

Course Title: British Sign Language Taster - Lincoln

Date: 20 Oct for 10 weeks (1 hour/week - lunchtimes)

Provider: British Sign Language Association

Details: 10 week course providing you with the basics

Course title: Manage Your Stress - Lincoln

Date: 2 November (daytime)

Provider: Re:Training (Mental Health Education Charity)

Details: This workshop covers the causes of stress, how it affects people and strategies used to manage it

Course Title: Mental Health Awareness - Spalding

Date: 3 November (daytime)

Provider: Re:Training

Details : This course looks at what is meant by 'mental health', the stigma around it and supporting people affected

Course Title: Power To Be You - Gainsborough

Date: 11 November (all day)

Provider: WEA

Details: Confidence building course to address self-esteem and boost self-confidence

Course Title: Skills to Cope in a First Aid Crisis- Lincs Police HQ

Date: 14 November. 10 - 12.00

Provider: British Red Cross

Details: This course aims to give you the skills to cope in a First Aid emergency

Course Title: Family First Aid - Grantham

Date: TBC

Provider: Grantham College

Details: Short course aimed at parents or staff who work with children

Course Title: Autism Awareness - Lincoln

Date: February 2018 - Date to be confirmed (daytime)

Provider: Open University

Details: Delivered by the OU, this course looks at understanding the Autism spectrum and the behavioural aspects

Course Title: Autism Awareness - Skegness

Date: June 2018 - Date to be confirmed (daytime)

Provider: Open University

Details: Delivered by the OU, this course looks at understanding the Autism spectrum and the behavioural aspects

Our Learning Programme for 2018 will be out soon. Please E-Mail learninglincs@unison.co.uk for further details.

Are you paying for your own courses?



UNISON offers Learning Grants of up to £100 to support members towards fees or course books

In addition, members attending Open University courses can apply for £200 for 60 point courses and £100 for 30 point courses



Find the **2017 Bursary Application Form** on unison.org.uk, call 0207 121 5116 or email learningandorganising@unison.co.uk for more information



Distance learning courses

UNISON ULRs can give advice and enrol you on a series of distance learning courses in partnership with Leicester College. These are all fully accredited Level 2 courses and are FREE if you are over 19 and lived in the EU for the past 3 years.

Course Title	Online	Paper-based	Course Title	Online	Paper-based
Principles of Dementia Care	✓	✓	Team Leading Knowledge	✓	✓
Working with People with Mental Health Needs	✓	✓	Preparing to Work in Adult Social Care	✓	✓
Understanding Behaviour that Challenges	✓	✓	Understanding the Safe Handling of Medicines	✓	✓
Nutrition & Health	✓	✓	Equality & Diversity	✓	✓
Prevention and control of Infection in Health settings	✓	✓	Understanding the Care and Management of Diabetes	✓	✓
End of Life Care	✓	✓	Business Admin	✓	✓
Customer Service Knowledge	✓	✓	Information, Advice & Guidance	✓	✓
Working with Individuals with Learning Disabilities	✓	✓	Customer Service in Health & Social Care	✓	✓
Principles of Care Planning	✓	✓	Common Health Conditions	✓	✓
Dignity and Safeguarding in Care	✓	✓	Mental Health Awareness	✓	✓



Contact your local Union Learning Rep (ULR)

The ULRs are spread across Lincolnshire in different locations and workplaces. To contact your local Learning Rep please check below for the list of ULRs that are able to share their details. The next ULR course takes place in October 2017 and after this point even more ULRs will be able to help

Name: Nigel Wass
Employer: Lincs Police
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Name: Rhiannon Davies
Employer: N Kesteven DC
Location: Sleaford
Contact: Rhiannon_Davies@N-KESTEVEN.GOV.UK

Name: Caroline Barnett
Employer: Lincoln University
Location: Lincoln
Contact: cbarnett@lincoln.ac.uk

Name: Marion Bisset
Employer: Lincs County Council
Location: Sleaford
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Name: Vincent Agorini
Employer: Lincoln College
Location: Lincoln
Contact: VAgorini@lincolncollege.ac.uk

Name: Noel Tobin
Employer: Lincoln City Council
Location: Lincoln
Contact: noel.tobin@lincoln.gov.uk

Name: Linda Page
Employer: National School
Location: Grantham
Contact: Linda.Page@national.lincs.sch.uk

Name: Helen Button
Employer: Lincs County Council
Location: Lincoln
Contact: helen.button@lincolnshire.gov.uk

Name: Sandra Townsend
Employer: Lincoln County Hosp
Location: Lincoln
Contact: Sandra.Browne@ulh.nhs.uk

Name: Jeanette Reay
Workplace: Johnson Hospital
Location: Spalding
Contact: Jeanette.Reay@property.nhs.uk

Name: Vince Williams
Employer: Serco
Location: Lincoln
Contact: Vince.Williams@serco.com

Name: Lee Goddard
Employer: E Mids Ambulance
Location: Covers all Lincs
Contact: leegoddardunison@gmail.com

If you are passionate about learning why not become a Lincolnshire ULR?

What is a Union Learning Rep?

- Gives advice to people at work about how education can help
- Provides information about courses
- Supports people who are nervous about going back to learning
- Finds out what learning needs there are in the workplace



The Lincs ULRs meet regularly to support one another and plan courses. We're a friendly team so you won't be on your own!

Training to be a ULR will take place over three days but new laws mean that you should get paid time-off to attend.

For details of the ULR role please contact:
Gavin McCann
g.mccann@unison.co.uk
0115 8475446

