

inclusivelearning

e-bulletin/February 2020

Hello.

This month, you can learn about three ways to help support learning in the workplace: a shorter introductory session at lunch that can help introduce UNISON's offer; signposting to learn about mental health with support from an employer; and finally linking with initiatives to run such as Reading Well.

Next month, we are excited to be launching a new version of our e-bulletin. It will include practical guidance and information and advice for any budding learning rep. And don't forget: if you need help planning for Learning at Work Week, just contact the ULF team here.



JESS HURD/REPORTDIGITAL.CO.UK

Martin Russo, Inclusive Learning Project Manager

If you have trouble clicking through the links on your e-bulletin email (perhaps because your employer has set up a firewall), you can download the complete PDF from bit.ly/2Ehr8NJ

CAMPAIGN FOR LEARNING

The Campaign for Learning (CfL) is organising a series of one-day interactive workshops in London and Manchester this month to help union learning reps and others get the most out of Learning at Work Week (LaWW) this May.

The workshops will help participants identify all the essential planning steps to build a successful LaWW campaign, including how to use the week as a catalyst for change both for learners and the organisations they work for.

The workshops will also cover:

- innovative ideas, strategies and tactics you can use to develop special learning activities, events and communications

- successful approaches used by other companies and organisations
- ideas linked to the 2020 theme of 'learning journeys'
- the wealth of resources and activity ideas available, many of which are free or low cost.

The London workshops take place on Wednesday 5 February, Friday 7 February, Wednesday 12 February and Wednesday 26 February. The Manchester workshop takes place on Friday 14 February.

The workshop costs £180, including lunch. To find out more and book a place, [click here](#).

For further information contact: 020 7121 5116



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Lunch'n'learn

Bristol Branch's innovative approach to learning and organising led to a successful lunch'n'learn session on TUPE transfer that attracted more than two dozen participants last month.

The branch launched the learning-led recruitment drive in the autumn, with Branch Communications Officer Teresa Crichton using free chocolates to promote free learning on stalls in different locations on three different days.

The branch then organised three successful courses on menopause, pensions and the Equality Act, which helped recruit both members and reps.

They followed them with the January lunch'n'learn, which Branch Education Coordinator Kate Robins says was a big success. "It was particularly satisfying that members' questions were being answered," she says.

National Learning and Development Organiser Oreleo Du Cran was impressed by what he saw at the TUPE event. "Teresa and Kate have been instrumental in raising the profile of learning in the branch and have forged a great partnership with the employer to facilitate informal learning," Oreleo said.



Mental health

UNISON's learning and industrial teams in the Eastern region worked together to promote mental health online learning and deliver classroom sessions on stress and bullying at the Royal Papworth Hospital NHS Foundation Trust in Cambridgeshire this autumn.

The campaign was the first to trial a new pathway that brings together the wide range of learning opportunities for people interested in mental health, from an online WRANX course learners can complete by themselves to classroom courses delivered by UNISON or The Open University (OU).

To promote opportunities through the pathway last summer, Regional Learning and Development Organiser Emily Sole started by organising open days that engaged 60 staff across the Trust's two sites.

With strong support from the employer, the union followed up with two classroom sessions in the autumn that helped 18 participants improve their stress management and tackle bullying and harassment.

For a copy of the mental health learning pathway, please email **Emily Sole**.



Reading Well

UNISON learning reps can help colleagues understand and manage their health and wellbeing with the help of the Reading Agency's five Reading Well booklists of titles widely available in libraries.

The books are all endorsed by health experts, as well as by people living with the conditions covered and by their relatives and carers.

The five booklists are: Reading Well for mental health, Reading Well for long term conditions, Reading Well for dementia, Reading Well for young people and Reading Well for children, the latest addition to be launched this month.

UNISON ULRs and other reps can raise awareness of Reading Well and signpost co-workers to their local libraries, where they can borrow titles on the lists. Almost every English library authority runs a Reading Well scheme.

You can buy promotional materials about the scheme from The Reading Agency **online shop**.

To find out more email **readingwell@readingagency.org.uk** or visit **www.reading-well.org.uk**

For further information contact: 020 7121 5116



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